

## Short Break Grants – Proposed Outcomes

Through consultation with families we have identified the need for a wider range of indoor and outdoor activities during school holidays and weekends that promote children's well-being and introduces them to new experiences and fun activities.

### Families have told us they want:

- To be confident that their child will be safe and will enjoy the short break
- Staff to be well trained, with specific training tailored to children's individual needs (where appropriate)
- Activities available at weekends and school holidays with support spread out across all holidays
- Affordable activities
- Consistent activities which can be accessed regularly
- Support tailored to particular ages and disabilities, e.g. 0-4 years, 16-19 years, those with behavioural difficulties
- Activities local to where they live and which support inclusion within mainstream activities

**Amount of funding:** £180,000 per year (from Aiming High targeted short break funding)

**Length of grant:** 2 years (subject to annual budget setting)

### Proposed Outcomes:

- 1) More children and young people with disabilities access activities of their choice which are near to where they live
- 2) Children and young people with disabilities have more opportunities to spend time with their friends and make new friends.
- 3) Children and young people with disabilities develop skills in relation to independence
- 4) Children and young people with disabilities are more positive about, and gain confidence in, trying new experiences.
- 5) Children and young people with disabilities have increased individual resilience and personal aspiration
- 6) Children and young people with disabilities are more physical activity and supported to maintain a health, active life.
- 7) Parent and child relationships are strengthened and there is increased resilience within the family
- 8) Universal providers are better able to support children and young people with disabilities
- 9) Stronger links between local voluntary and small community groups and agencies such as local authorities and health agencies, leading to groups being better heard and policy makers better understanding the needs of groups.

### Organisations who may be interested in the grants include:

- Activity providers - such as arts, outdoor and leisure centres, sports clubs, countryside locations, museums and libraries
- Organisations and special/mainstream schools who run after school, holiday and weekend activity play schemes specifically for children and young people with disabilities and/or additional needs
- Family support groups that organise activities and outings for children and young people with disabilities and/or additional needs and their families.